

## **EXPECTANT AND PARENTING TEENS**

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### **ALTAMED YOUTH SERVICES**

[www.altamed.org](http://www.altamed.org)

711 E. Wardlow Rd., Suite 203, Long Beach, CA 90807

PH: (562) 595-8040

#### **Cal-Learn Program**

Case management and support for expectant/parenting CalWORKs participants. Qualifying teens may receive subsidies for childcare, transportation and certain educational expenses, along with financial rewards for good school performance.

#### **The Adolescent Family Life Program**

Case management and support services for expectant/parenting teens (including fathers) under age 19 and not eligible for the Cal-Learn program: parenting classes, assistance with government benefits/school enrollment, emergency transportation, food and clothing. Spanish spoken. FEE: No charge.

HRS: Monday-Friday 8 AM-5 PM.

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### **CAL-LEARN**

[www.ladpss.org/dpss/calworks/callearn.cfm](http://www.ladpss.org/dpss/calworks/callearn.cfm)

PH: (800) 511-2070

Mandatory program for CalWORKs participants under age 19 who are pregnant/parenting and have not completed high school. If benefits are lost and then reinstated, participants can re-enroll. Those who turn 19 in the program may volunteer to remain until they receive a high school diploma/equivalent, or turn 19 years 9 months. Altamed Youth Services provides services in the Greater Long Beach area. Qualifying teens may receive case management, subsidies for childcare, transportation and certain educational expenses, along with financial rewards for good school performance.

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**CAL-SAFE PROGRAM****c/o Renaissance High School****Long Beach Unified School District**

235 E. 8th St., Long Beach, CA 90813

PH: (562) 997-8000 Ext. 7183

Support services and continuous school enrollment for expectant/parenting teens 18 and under, who live in LBUSD boundaries. Students complete a comprehensive academic curriculum leading to a high school diploma, along with education/training in childbirth preparation, parenting, nutrition, independent living skills and career development. Enrolled students also receive on-campus childcare, a monthly bus pass, after-school Lamaze classes and more. Support services are available at all LBUSD high schools for students who chose to remain at their home school. FEE: No charge. HRS: Monday-Friday 7:50 AM-2:50 PM.

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**CHILD SUPPORT SERVICES DEPARTMENT****Los Angeles County**

childsupport.co.la.ca.us

PH: (323) 890-9800

TTY: (323) 725-3907

Assistance with child support issues: locating parents, establishing paternity, obtaining court orders for child support, collecting and distributing support. FEE: No charge.

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**LONG BEACH-WILMINGTON BEST BABIES COLLABORATIVE****City of Long Beach**

2525 Grand Ave., Room 104, Long Beach, CA 90815

PH: (562) 570-4060

Coordinated service delivery for pregnant and parenting women/teens in zip codes 90802, 90805, 90806, 90813: case management, home visitation and more. Spanish spoken. FEE: No charge. HRS: Monday-Friday 8 AM-5 PM.

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## **MATERNAL AND CHILD HEALTH ACCESS AND OUTREACH**

### **City of Long Beach**

2525 Grand Ave., Room 104, Long Beach CA 90815

PH: (800) 832-2307 or (562) 570-4171

Walk-in clinic assists pregnant women/teens verify pregnancy, make appointments to start prenatal care, enroll in Medi-Cal, AIM and WIC programs. Spanish and Khmer spoken. FEE: Services are low cost/no charge.

HRS: Monday-Friday 8-11 AM, 1-4 PM

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## **NURSE-FAMILY PARTNERSHIP**

### **City of Long Beach**

2525 Grand Ave., Room 250, Long Beach, CA 90815

PH: (562) 570-4281

FX: (562) 570-4099

Registered nurses provide home visitation services to first-time mothers, less than 28 weeks pregnant at intake and living in zip codes 90802, 90805, 90806, 90813: assessment, case management, health education, counseling and more. Spanish spoken. FEE: No charge.

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## **PACIFIC ASIAN COUNSELING SERVICES (PACS) PARTNERSHIP FOR FAMILIES**

[www.pacsla.org](http://www.pacsla.org)

3530 Atlantic Ave., Suite 210, Long Beach, CA 90807

PH: (562) 424-1886

In-home case management for pregnant women and their families. Spanish spoken.

FEE: No charge.

HRS: By appointment.

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## **PRENATAL/FAMILY PLANNING CLINIC**

### **City of Long Beach**

2525 Grand Ave., Room 115, Long Beach CA 90815

PH: (562) 570-4217

Complete care for the mother-to-be: Medi-Cal/AIM enrollment assistance; prenatal exams; nutritional counseling/supplies; childbirth preparation; classes in nutrition, fetal development, infant care, breastfeeding and parenting. Spanish spoken, interpreters available. HRS: Monday-Friday 8 AM-5 PM.

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**PUBLIC HEALTH NURSING****City of Long Beach**

2525 Grand Ave., Room 250, Long Beach, CA 90815

PH: (562) 570-4202

TTY: (562) 570-4230

Registered nurses provide assessment, case management, health education, counseling and advocacy in the home and community. Spanish spoken. FEE: No charge.

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**PUBLIC HEALTH NURSING FOR FOSTER/PROBATION YOUTH****City of Long Beach**

2525 Grand Ave., Room 250, Long Beach, CA 90815

PH: (562) 570-4250

TTY: (562) 570-4230

Registered nurses provide services to foster/probation youth: assessment, case management, health education, counseling and advocacy in the home and community. FEE: No charge.

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**ROLE OF MEN ACADEMY****City of Long Beach**

1133 Rhea St., Long Beach, CA 90806

PH: (562) 570-7966 or (562) 570-4441

Program for non-custodial fathers ages 16+ of children ages 0-5: classes in prenatal health, parenting, family relationships, fathers' legal rights/responsibilities.

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**SAFELY SURRENDERED BABY HOTLINE****Los Angeles County**

[www.babysafela.org](http://www.babysafela.org)

24-Hour Hotline: (877) 222-9723

Safe haven hotline/website to access nearest location to safely surrender babies, legal information, training materials and more. Interpreters available.

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**TLC SUPPORT GROUP****St. Mary Medical Center**

John Parr Health Center, 1030 Linden Ave., Long Beach, CA 90813

Administration: (562) 424-0775

Information: (714) 534-6621

Support group and activities for pregnant/parenting teens: special speakers, crafts, parties, snacks, free childcare, 4-week classes in childbirth preparation. Call for schedule. FEE: No charge.

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**UNITED CAMBODIAN COMMUNITY****PROUD PARENTING PROGRAM**

2201 E. Anaheim St., Suite 200, Long Beach, CA 90804

PH: (562) 433-2490

Support program for expectant and parenting males/females (all ethnicities) ages 14-24+ to break the cycle of inter-generational violence, increase parenting skills and strengthen participant-child relationships; childcare during program hours. Spanish spoken. FEE: No charge. HRS: Thursday 5:30-7 PM.