

## **FAMILY RESOURCE PROGRAMS**

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### **CENTRO SHALOM**

www.centroshalom.com

2131 Long Beach Blvd., Long Beach CA 90806

PH: (562) 591-2214

Assistance with food, clothing, applications, immigration, divorce, eviction, child support and custody, restraining orders; self-esteem classes for Spanish speakers Tuesday 9 AM-1 PM; Legal Aid attorneys help with workers' rights issues Thursday 4-6 PM. Spanish spoken. FEE: No charge. HRS: Monday-Friday 8 AM-3 PM.

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### **DISTRICT PARENT RESOURCE CENTER – BUTLER**

#### **Long Beach Unified School District**

1400 E. 20th St., Long Beach, CA 90806

PH: (562) 218-1244

Parent workshops on various topics: family literacy, standards and assessments, dealing with challenging behaviors, family fitness and nutrition, motivating your child and more; outreach library. Spanish spoken. FEE: No charge to LBUSD students and families. HRS: Monday-Friday 9 AM-5 PM.

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### **DISTRICT PARENT RESOURCE CENTER – JEFFERSON**

#### **Long Beach Unified School District**

735 Miramar Ave., Long Beach, CA 90804

PH: (562) 433-1550

Parent workshops on various topics: English as a Second Language (ESL), self-esteem, successful parenting, dealing with challenging behaviors, standards and assessments, motivating your child, learning styles, preparing for middle school and more; outreach library; Native American academic support. Spanish spoken. FEE: No charge to LBUSD students and families.

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**DISTRICT PARENT RESOURCE CENTER – MACARTHUR****Long Beach Unified School District**

6011 Centralia St., Room B4, Lakewood, CA 90713

PH: (562) 429-6020

Parent workshops on various topics: the IEP process, dealing with challenging behaviors, computer literacy, motivating your child, learning styles, preparing for middle school, grandparents as parents and more; outreach library. Special education staff is available to address questions/concerns about LBUSD programs and services for students with special needs. FEE: No charge to LBUSD students and families.

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**DISTRICT PARENT RESOURCE CENTER – MUIR****Long Beach Unified School District**

3038 Delta Ave., Long Beach, CA 90810

PH: (562) 997-8000 Ext. 7962

Lending library for videos, books and games; Read with Me/Keep on Reading Backpack Programs; monthly family literacy and craft events; computers for research, projects and practice; parent workshops for schools, PTA and other parent gatherings on many topics : parents as homework coaches, self - esteem, taking the stress out of completing a science fair project and more. Spanish spoken. FEE: No charge to LBUSD students and families.

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**DISTRICT PARENT RESOURCE CENTER – STEPHENS****Long Beach Unified School District**

1830 Columbia St., Long Beach, CA 90810

PH: (562) 981-8990

Parent workshops on various topics: parenting, nutrition, content standards, study skills, preparing for college, strategies and tools to assist children in becoming successful, STAR testing, preparation for testing, learning styles, ESL, literacy, computer literacy; childcare for adult education; family literacy; outreach library. Spanish and Tagalog spoken. FEE: No charge to LBUSD students and families. HRS: Monday-Friday 8 AM-4:30 PM.

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## **EXCHANGE CLUB FAMILY SUPPORT CENTER**

[www.downeyfamilysupport.com/parent1.htm](http://www.downeyfamilysupport.com/parent1.htm)

1032 Redondo Ave., Suite B, Long Beach, CA 90804

PH: (562) 434-6899

Parenting classes; Parent Aide Program provides trained, supervised staff for weekly in-home visits to assist parents of children ages 0-12, who are struggling with parenting issues. Call to determine eligibility. Spanish spoken. FEE: No charge.

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## **FAMILY SUPPORT PROGRAM**

### **Personal Involvement Center**

2438 Vermont Ave., Suite 302, Harbor City, CA 90710

PH: (310) 517-8675

In-home case management program to assist families mobilize formal and informal resources. Phone intake to determine needs. Spanish spoken. FEE: No charge.

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## **FOSTER AND KINSHIP CARE EDUCATION PROGRAM**

### **Long Beach City College**

[fostercare.lbcc.edu](http://fostercare.lbcc.edu)

1305 E. Pacific Coast Highway, Building 00, Long Beach, CA 90806

PH: (562) 938-3014

Classes for foster parents, relative caregivers and foster youth: Independent Living Program (ILP) trains and supports foster youth ages 16-21 for independent living, Partnering for Safety and Permanence-Model Approaches to Partnerships in Parenting (PS-MAPP) provides mandatory training for all LA County DCFS foster parents, Kinship Education Preparation Support (KEPS) orientation provides relative caregivers with information on DCFS involvement. Website offers online workshop registration, schedules, resource links and more.

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## **FRIENDS OUTSIDE**

[www.friendsoutsidela.org](http://www.friendsoutsidela.org)

Goodwill Industries, 800 West Pacific Coast Highway, Long Beach, CA 90806

PH: (562) 436-8703

Resources to assist inmates and their families: information, referrals, transportation for youth to visit their mothers at Chowchilla prison, family support group every 1st and 3rd Saturday 10:30 AM-12 PM. FEE: No charge.

HRS: Monday, Wednesday, Friday 8 AM- 4:30 PM.

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## **HOME VISITATION PROGRAM**

### **Richstone Family Center**

[www.richstonefamily.org](http://www.richstonefamily.org)

13634 Cordary Ave., Hawthorne, CA 90250

English: (310) 970-1921 Ext. 224

Spanish: (310) 970-1921 Ext. 134

Family needs assessment, parent education and case management for zip codes 90801, 90802, 90803. Spanish spoken. FEE: No charge.

HRS: Monday-Thursday 9 AM-9 PM, Friday 9 AM-6 PM.

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## **KINSHIP RESOURCE CENTER SOUTH**

### **Department of Children and Family Services**

#### **Los Angeles County**

9834 Norwalk Blvd., Santa Fe Springs, CA 90670

PH: (562) 777-1751

Support for relative caregiver families who have exited the child welfare system through legal guardianship, Kin-GAP or adoption.

HRS: Monday-Friday 8 AM-5 PM.

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## **LONG BEACH FAMILY RESOURCE CENTER**

### **Miller Children's Hospital**

2801 Atlantic Ave., Long Beach 90806

24-Hour: (562) 933-8048

A warm line/walk-in center provides information on child development, disabilities, medical issues and more. Spanish spoken. FEE: No charge.

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## **NEIGHBORHOOD RESOURCE CENTER**

### **City of Long Beach**

[www.longbeach.gov/cd/neighborhood\\_services/resource\\_center/](http://www.longbeach.gov/cd/neighborhood_services/resource_center/)

425 Atlantic Ave., Long Beach, CA 90802

PH: (562) 570-1010

Resource library; workshops; access to computers, internet, fax and more.

HRS: Monday-Thursday 10 AM-7 PM, Friday 8 AM-5 PM.

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**PROGRAM ASSISTANCE FOR LANGUAGE MINORITY STUDENTS  
(PALMS)**

**Long Beach Unified School District**

1515 Hughes Way, 3rd Floor, Long Beach CA 90810

PH: (562) 997-8031

Support to LBUSD English learners, families and schools: translations, school adjustment and transition support for new immigrants. Interpreters available. FEE: No charge to LBUSD staff, students and families.

HRS: Monday-Friday 8 AM-4:40 PM.

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**UNITED CAMBODIAN COMMUNITY**

2201 E. Anaheim St., Suite 200, Long Beach, CA 90804

PH: (562) 433-2490

Community-based empowerment programs for all ethnicities: performing arts for ages 8-18; Proud Parenting Program for pregnant/parenting ages 14-24+ Thursday 5:30-7 PM; assistance for Southeast Asian immigrants and more. Spanish spoken.

FEE: No charge. HRS: Monday-Friday 9 AM-6 PM.