

Food Pantries

Faith In Christ: provides emergency food and holiday assistance for people in South LA. Emergency food services are restricted to South Los Angeles residents; there are no geographic restrictions for holiday assistance.

Hours: Tuesday through Friday, 9:00am to 2:00pm.

Distribution hours are by appointment only.
4501 S. Western Ave., LA, CA 90062, 45th St. and Western Ave.

(323) 291-9636 or (323) 291-9636

<http://www.ficmla.com>

Family Unity provides advocacy, emergency food, inmate services and utility bill assistance to people who live in Los Angeles County. There are no geographic restrictions.

Hours: Monday through Friday, 9:30am to 5:30pm.

4858 Ascot Ave., Los Angeles, CA 90011
(E. 49th St. and 48th Pl.)

(323) 232-0990

Hurting and Hungry childcare, emergency food, HIV/AIDS services, holiday assistance, interpreter and translator services, substance abuse services, and youth services in LA County. There are no geographic restrictions.

Hours: Monday through Friday, 9:00am to 5:00pm. Call Monday for location of field sites.

1369 E. Vernon Ave., Los Angeles, CA 90011 (Ascot St. & Central Ave.)
(323) 567-7123 (24-hour line)(213) 614-7161 (Limited English API callers)

<http://www.ssgmain.org/>

Helping One Another Progress provides emergency food, education services, personal goods and transportation to low-income people in zip codes 90011, 90003, 90001, 90007, 90027 and 90037. There are no geographic restrictions. Hours: Tuesday, Wednesday and Thursday, 3:00-6:30pm. Food and clothing distribution is Friday, 10:30a.m- 1:00pm

4044 S. Morgan Ave., LA, CA 90001

(323) 233-5900 or (323) 233-5900

<http://www.hoad4u2.net>

Rakestraw Memorial Community

Education Center provides emergency food for those in zip codes 90003, 90011, 90037, 90043, 90044. Geographic restrictions apply.

5139 S. Main St., Los Angeles, CA 90037

(323) 232-2258 or (323) 232-2258

<http://www.lawesley.net>

Salvation Army – South Los Angeles

Office helps low-income individuals with: emergency food, lodging, clothing, furniture, rental assistance.

7651 S. Central Ave., Los Angeles, CA 90001

(800) 725-9005 or (323) 586-0288

<http://www.salvationarmy-socal.org>

St. Agnes Catholic Church provides emergency food and personal goods for those living within zip codes: 90007, 90018, 90037. Hours: Monday, Tuesday, Thursday and Friday, 9:00 - 10:30am.

2625 S. Vermont Ave., Los Angeles, CA 90007

(323) 731-2464 or (323) 731-2464 Ext. 107