

## **MENTAL HEALTH: Medi-Cal/Healthy Families**

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### **ALMA FAMILY SERVICES**

[www.almafamilyservices.org](http://www.almafamilyservices.org)

121 Linden Ave., Long Beach, CA 90802

Intake Office: (323) 881-3799

Long Beach Office: (562) 624-8844

Outpatient mental health services for individuals and families without/with special needs, including developmental disabilities: individual, family and group counseling; case management; therapeutic behavioral services for children; medication evaluation/support; dual diagnosis program.

Spanish spoken.

FEE: Medi-Cal, Healthy Families. HRS: By appointment.

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### **CHILDNET YOUTH AND FAMILY SERVICES**

[www.childnet.net](http://www.childnet.net)

2931 Redondo Ave., Long Beach CA 90804

PH: (562) 490-7600

School, home and agency-based mental health services for ages 3-18 and their families: individual, family and group counseling; medication evaluation/support; case management and more. Spanish spoken.

FEE: Medi-Cal. HRS: Monday-Friday 8:30 AM-5 PM.

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### **COMMUNITY FAMILY GUIDANCE**

10929 South St., Suite 208 B, Cerritos, CA 90703

PH: (562) 924-5526

Outpatient mental health services for ages 3-17 and their families: individual, family and group counseling; medication evaluation/support.

Spanish spoken. FEE: Medi-Cal, Healthy Families, AB 3632.

HRS: Monday-Thursday 8:30 AM-9 PM, Friday 8:30 AM-4:30 PM.

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## **FAMILY AND YOUTH STARS PROGRAM**

### **Community Family Guidance**

10929 South St., Suite 214 B, Cerritos, CA 90703

PH: (562) 865-6444

Intensive short-term mental health services for ages 2-18 in acute crisis.

Must have a history of psychiatric hospitalizations or out-of-home placements and present a high risk for placement failure because of severe emotional/behavioral problems. Services include school, home and agency based counseling; medication evaluation/support; case management; parent education. Parent/legal guardian must call to request services.

FEE: Medi-Cal, Healthy Families, AB3632. HRS: Monday-Thursday 8 AM-9 PM, Friday 8 AM-4:30 PM.

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## **FOR THE CHILD**

[www.forthethechild.org](http://www.forthethechild.org)

### **Administration and Treatment Office Intake and Treatment Office**

4565 California Ave., Long Beach, CA 90807 4001 Long Beach Blvd.,  
Long Beach, CA 90807

PH: (562) 422-8472 PH: (562) 427-7671

School, home and agency-based mental health services for ages 2-18 and their families: Individual and family counseling, case management, parenting classes, medication evaluation/support, child abuse and domestic violence treatment programs. Call the intake and treatment office for an intake appointment. Spanish spoken.

FEE: Medi-Cal, Healthy Families, sliding scale, no charge for some services. OFC HRS: Monday-Friday 8 AM-5 PM.

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**FULL SERVICE PARTNERSHIP (FSP): For Adults**

**Department of Mental Health**

**Los Angeles County**

[dmh.lacounty.info/MHSA/plans/css.html](http://dmh.lacounty.info/MHSA/plans/css.html)

PH: (562) 435-3037

FX: (562) 256-1603

Comprehensive mental health services for adults diagnosed with a serious mental illness, at risk for/homeless, in frequent contact with psychiatric hospitals or the criminal justice system, living with family members and/or at risk for the above. Services may include help accessing counseling, health care/benefits, substance abuse/ domestic violence treatment, transportation, housing, job placement/training and more. Eligibility determined by phone screening. FEE: Medi-Cal, financial screening for all referrals, those with private insurance will be charged full cost.

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**FULL SERVICE PARTNERSHIP (FSP): For Children**

**Department of Mental Health**

**Los Angeles County**

[dmh.lacounty.info/MHSA/plans/css.html](http://dmh.lacounty.info/MHSA/plans/css.html)

PH: (562) 435-3037

FX: (562) 256-1603

Comprehensive mental health services for ages 0-15 and their families who are experiencing significant emotional, psychological and/or behavioral problems. Services may include help accessing health care/benefits, housing, substance abuse/domestic violence treatment, transportation to/from appointments, counseling and more. Eligibility determined by phone screening. FEE: Medi-Cal, financial screening for all referrals, those with private insurance will be charged full cost.

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**FULL SERVICE PARTNERSHIP (FSP): For Transition Age Youth  
Department of Mental Health**

**Los Angeles County**

[dmh.lacounty.info/MHSA/plans/css.html](http://dmh.lacounty.info/MHSA/plans/css.html)

PH: (562) 435-3037

FX: (562) 256-1603

Comprehensive mental health services for ages 16-25 with a serious emotional disturbance; may be struggling with substance abuse; at risk for/homeless; aging out of children's mental health, child welfare or the juvenile justice system; and/or leaving long-term institutional care. Services may include help accessing counseling, health care/benefits, housing, substance abuse treatment, transportation to/from appointments and more. Eligibility determined by phone screening. FEE: Medi-Cal, financial screening for all referrals, those with private insurance will be charged full cost.

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**THE GUIDANCE CENTER**

**HINCHMAN HOUSE**

3711 Long Beach Blvd. 5th and 6th Floors, Long Beach, CA 90807

Information: (562) 595-1159

Appointments: (562) 485-3085

School, home and agency-based mental health services up to age 18 and their families: Individual, group and family counseling; outpatient dual diagnosis program; medication evaluation/support; parent training; case management, CalWORKs services. Spanish spoken. FEE: Medi-Cal, Healthy Families, AB3632.

HRS: Monday-Thursday 8 AM-8 PM, Friday 8 AM-6 PM.

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**THE GUIDANCE CENTER  
NORTH LONG BEACH INTENSIVE SERVICES**

4343 Atlantic Ave., Long Beach, CA 90807

PH: (562) 427-6860

School, home and agency-based intensive mental health services up to age 18 with severe emotional problems and their families: individual, group and family counseling, medication evaluation/support, case management, parent education, crisis intervention. Spanish spoken. FEE: Medi-Cal, Healthy Families, AB3632.

HRS: Monday-Thursday 8 AM-7 PM, Friday 8 AM-4:30 PM.

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**HARBORVIEW COMMUNITY SERVICES**

[www.sunh.com](http://www.sunh.com)

850 E. Wardlow Rd., Long Beach, CA 90807

PH: (562) 981-9392

School, home and agency-based mental health services for ages 5-18 and their families: Individual and family counseling; case management; afternoon groups for ages 6-18 on topics such as social skills, anger management, grief and leisure skills. Spanish and Farsi spoken. FEE: Medi-Cal.

HRS: Monday-Friday 8 AM-6 PM.

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**LONG BEACH ASIAN PACIFIC MENTAL HEALTH PROGRAM  
Department of Mental Health**

**Los Angeles County**

1975 Long Beach Blvd., Long Beach, CA 90806

PH: (562) 599-9401

Outpatient mental health services for Asian and Pacific Islander communities: crisis intervention; individual, family and group counseling; case management; medication evaluation/support. Khmer, Tagalog, Vietnamese, Chinese and Laotian spoken. FEE: Medi-Cal, Healthy Families, sliding scale, those with private insurance will be charged full cost. HRS: Monday-Friday 8 AM-5 PM, Wednesday 8 AM-7 PM.

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## **LONG BEACH CHILD AND ADOLESCENT PROGRAM**

### **Department of Mental Health**

#### **Los Angeles County**

240 E. 20th St., Long Beach, CA 90806

PH: (562) 599-9271

Outpatient mental health services for ages 0-17 and their families: phone/walk-in crisis intervention, imminent danger assessment and hospitalization assistance; no PMRT available; medication evaluation/support; psychological testing; CalWORKs services. Functional Family Therapy (FFT) for ages 11-17 and their families who have conduct, attendance and/or family problems. Services include 3-6 months of intensive family treatment to reduce/eliminate conflict and improve family functioning. Spanish spoken, interpreters available.

FEE: Medi-Cal, Healthy Families, AB3632, sliding scale, those with private insurance will be charged full cost.

HRS: Monday, Tuesday and Thursday 8 AM-6 PM; Wednesday 8 AM-7 PM; Friday 8 AM-5 PM.

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## **LONG BEACH MENTAL HEALTH – ADULT SERVICES**

### **Department of Mental Health**

#### **Los Angeles County**

1975 Long Beach Blvd., Long Beach, CA 90806

PH: (562) 599-9280

Adult outpatient mental health services for Long Beach residents: walk-in crisis intervention, imminent danger assessment and hospitalization assistance; case management; psychosocial rehabilitation; medication evaluation/support; residential placement assistance; HIV services; activity clubhouse; individual and group counseling; CalWORKs services.

Spanish spoken. FEE: Medi-Cal, Healthy Families, sliding scale, those with private insurance will be charged full cost. HRS: Monday-Friday 8 AM-5 PM, Wednesday 8 AM-7 PM, first intake appointment is walk-in only. Call for more information.

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## **MHA VILLAGE**

### **Mental Health America of Los Angeles**

[www.mhavillage.org](http://www.mhavillage.org)

456 Elm Ave., Long Beach, CA 90802

PH: (562) 437-6717

Services for ages 18+ with severe/persistent mental illness: counseling, medication evaluation/support, referrals to supported housing, education and more. Spanish spoken, sign language interpreter.

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## **PACIFIC ASIAN COUNSELING SERVICES (PACS)**

[www.pacsla.org](http://www.pacsla.org)

3530 Atlantic Ave., Suite 210, Long Beach, CA 90807

PH: (562) 424-1886

Mental health and social services for all ethnicities, with expertise in Asian and Pacific Islander communities: individual, family and group counseling; medication evaluation/support; school-based services; parenting classes; case management; free youth programs; CalWORKs services. Spanish, Samoan, Mandarin, Cantonese, Taiwanese, Japanese, Khmer, Korean, Tagalog and Vietnamese spoken. FEE: Medi-Cal, Healthy Families, some services are low cost/no charge.  
HRS: Monday-Friday 9 AM-6 PM.

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## **PACIFIC RESOURCES PSYCHOLOGICAL GROUP**

[www.prpg-inc.com](http://www.prpg-inc.com)

4201 Long Beach Blvd., Suite 230, Long Beach, CA 90807

PH: (562) 988-1000

Outpatient mental health services for all ages: individual, couples and family counseling; medication evaluation/support and more. Spanish spoken. FEE: Medi-Cal, private insurance, private pay – \$100 psychological intake, \$85 individual session, \$120 psychiatric intake, \$90 psychiatric session. HRS: By appointment.

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## **PROVIDENCE COMMUNITY SERVICES**

[www.provcorp.com/Locations/California.asp](http://www.provcorp.com/Locations/California.asp)

21520 South Pioneer Blvd., Suite 110, Hawaiian Gardens, CA 90716

PH: (562) 865-3644

### **Day Treatment Program**

LBUSD students ages 6-13 ½ must have an Axis I mental health diagnosis, live in Lakewood or an area of Long Beach on the border, and be unable to achieve success in an outpatient program. The 3-6 month program includes individual, family and group counseling; transportation to/from the program; case management; medication evaluation/support. FEE: Medi-Cal. HRS: Monday-Friday 9 AM-5 PM.

### **Probation Program**

Outpatient mental health services for probationers within the LBUSD attendance area: individual and family counseling, groups for substance abuse and/or anger management, school or home-based services upon request. Spanish spoken.

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## **RIO HONDO MENTAL HEALTH**

### **Department of Mental Health**

### **Los Angeles County**

17707 Studebaker Rd., Cerritos, CA 90703

PH: (562) 402-0688

Adult outpatient mental health services for Service Area 7 residents (Lakewood): case management; psychosocial rehabilitation; medication evaluation/support; residential placement assistance; short-term individual or group counseling; CalWORKs services. Spanish spoken. FEE: Medi-Cal, Healthy Families, sliding scale, those with private insurance will be charged full cost. HRS: Monday-Friday 8 AM-5 PM; Walk-In HRS: Monday, Tuesday, Thursday 8 AM.

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## **STARVIEW COMMUNITY SERVICES**

www.starsinc.com

100 E. Wardlow Rd., Long Beach, CA 90807

PH: (562) 427-6818

School, home and agency-based mental health services for ages 5-18 and their families: individual and family counseling, case management, therapeutic behavioral services for those who meet criteria, medication evaluation/support. FEE: Medi-Cal. HRS: Monday-Friday 8 AM-5 PM.

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## **TRANSITION AGE YOUTH (TAY) ACADEMY**

**Mental Health America of Los Angeles**

2025 E. 7th St., Long Beach, CA 90814

PH: (562) 284-0108

Comprehensive rehabilitative services for ages 18-25 with an Axis I mental health diagnosis: counseling; medication evaluation/support; independent living skills training; referrals to supported employment, education and housing. Spanish spoken. FEE: Medi-Cal, sliding scale, no one turned away for lack of funds.

HRS: Monday-Friday 9 AM-5 PM.

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## **THE WELLNESS CENTER**

**Mental Health America of Los Angeles**

1078 Atlantic Ave., Long Beach, CA 90813

PH: (562) 285-0149

Programs to promote wellness, healing and recovery for ages 18+ with an Axis I mental health diagnosis: counseling, medication evaluation/support, self-help meetings, social/recreational opportunities and more. Call for a phone screening to determine eligibility. FEE: Medi-Cal, some services are low-cost/no charge