



LAC DEPARTMENT OF MENTAL HEALTH DMH

Empowerment & Advocacy-Office of Community Empowerment



SUPPORT GROUPS IN SPANISH

for consumers and family members

Join our groups and learn about various mental illnesses, available resources, coping skills and the recovery process.

- Dur Lady Queen of Angels Church. 535 N. Main St **Los Angeles**, CA 90012. Wednesdays 9:00 -11:00 AM.
- Church of the Epiphany. 2808 Altura St **Los Angeles**, CA 90012. Tuesdays 9:00 - 10:40 AM.
- El Sereno Library. 5226 Huntington Dr. South **Los Angeles**, CA 90032. 2nd & 4th. Mondays 6:00-7:45 PM.
- Augustus Hawkins MH Center. 1720 E 120 St **Los Angeles**, CA 90059. Mondays 2:00-4:00 PM. (DMH-NAMI)
- Pacific Clinic. 9864 Baldwin Pl. **El Monte**, CA 91731. Fridays 5:00 - 7:00 PM. (DMH-NAMI)
- Santa Martha Church. 6023 Stafford Ave, **Huntington Park**, CA 90255. Thursdays 6:00-8:00 PM (One Step More)
- El Centrito. 2677 Zoe St **Huntington Park**, CA 90255. Monday(1-3 PM) or Thursdays (3-5 PM) (P. Return)
- Garfield High School. 5101 E Sixth St. **E Los Angeles**, CA 90022. Thursdays 9:00 - 11.00 AM.
- Presbyterian Hospital. 12401 Washington Blvd. **Whittier**, CA. 90602. Thursdays 6:00 - 8:00 PM.
- P. Return. 6055 E Washington Blvd. **Commerce**, CA 90040 1rst&3rd. Mondays 6:00-8:00 PM (DMH-NAMI)
- Harbor-UCLA M Center. 1000 W. Carson St D2.5 **Torrance**, CA 90509. Tuesdays 4:30 - 6:30 PM (DMH-NAMI)
- NAMI Glendale 1450 E Colorado Blvd. **Glendale**, CA 91205. Tuesdays 6:00 - 7:30 PM (NAMI)
- Saint Peter Church, 575 W O'Farrell St **San Pedro**, CA 90731. Wednesdays 6:00 - 8:00 PM.
- Rio Hondo MHC. 17707 Studebaker Rd. **Cerritos**, CA 90703 Thursdays 8:00 - 10:00 AM. (NAMI)
- LB Child-Adolescent MHC 240 E 20th St. **Long Beach**, CA 90806. Wednesdays 5:00-7:00 PM (DMH-NAMI)

For information or referrals please contact:
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